



The Rev. Alan Sutherland, Rector

Sunday, June 10 2007

2 Pentecost - Children's Sermon

Spinach or cake? which would you choose?

Blue or pink which would you choose?

Soda or juice which would you choose?

From when we were little babies we have been making choices. We choose whether to laugh or cry.

We chose to walk instead of crawl.

We began to choose what we liked best instead of what we did not like.

How many of you like to go out and eat? First we choose a restaurant and then we get a menu and choose what we would like to eat.

How many of you have chosen something you did not like. What did mom or dad say?

Life is full of choices - most we make are good and some we make are not so good.

But how do we make good choices? Look at the attached picture - [EXERCISE OF FOCUSING](#) for 45 seconds, then close your eyes.

In our collect we asked God, from whom all good proceeds, to inspire us to think the things that are right.

To think the right things. Sometimes our mind is all jumbled up like the picture we have just looked at, but what God is asking of us is to focus on Jesus. To make a choice in the light of us focusing on Jesus.

To be inspired by what we believe Jesus would do. And then once we have that thought, then to have the strength to put our thought into action. In everything we do, in the words that we use, and in the actions that we make, before we say or do anything we must take a few seconds and focus on Jesus so that all we say or do is a reflection of him.

AMEN

ST. JOHN'S EPISCOPAL CHURCH

*Established in 1847*

210 North Main Street Versailles, KY 40383 859.873.3481 [info@stjohnsky.com](mailto:info@stjohnsky.com) [www.stjohnsky.com](http://www.stjohnsky.com)